

Allergy-focused history in patients with eczema

Patient name

Is there a personal history of allergic disorders (e.g. hay fever/allergic rhinitis, asthma or food allergy)?

Yes No Details

Is there a family history of allergy (e.g. hay fever/allergic rhinitis, asthma or food allergy)?

Yes No Details

At what age did the eczema first manifest?

<1 1-2 >2 years

How widespread is the eczema?

Minimal Moderate Extensive

Assessing impact on quality of life

Is sleep regularly disturbed? Yes No Details

Are activities of daily living affected? Yes No Details

Any other social or psychological effects (including on family/carers)? Yes No Details

Can any triggers be identified?

Skin irritants (e.g. bubble bath, soap, washing powder etc.) Yes No Details

Skin infections Yes No Details

Contact allergens (e.g. nickel, hair products etc.) Yes No Details

Food Yes No Details

Aeroallergens (e.g. dust, pollen, pet dander etc.) Yes No Details

How responsive is the eczema to standard topical treatments (e.g. emollients & weak steroids)?

Complete response Partial response Poor response

Eczema algorithm

